

BONA-FIDE CAT'S



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Getting to know a Seminarian!!

Seminarian: **Deacon Padraic Stack**

Parish/Town: **St. James Catholic Church in Omaha**

Seminary: **Kenrick-Glennon Seminary in St. Louis, MO**

Favorite homemade food or meal: **I have many favorite homemade foods! For breakfast, my favorite is probably blueberry pancakes. For brunch, I love my mom's Irish Raisin Bread. For dinner, my favorite varies depending on the time of year; however, homemade or not I can always eat pizza (I'll eat it for breakfast, lunch and dinner). For desert, my favorite is my mom's Cherry-Berry Pie.**

The least favorite thing your parents make or made you do: **My least favorite thing to do was pack (we moved a lot).**

Favorite cartoon when growing up: **My family did not own a TV when I was growing up, so my favorite cartoon was the comic strip, Calvin and Hobbes.**

Your favorite Marvel hero: **I'm not sure I have a favorite, maybe Captain America. My nephew's favorite right now is Spider-Man, so maybe I can go with him.**

The worst thing you have ever tasted: **Pickles covered with Maple Syrup**

Three events that made the biggest impact on who you are today: **Moving from Massachusetts to Nebraska, Receiving the three initiation Sacraments at the Easter Vigil in 2010, and receiving formation at seminary.**

What childish thing do you still enjoy doing: **Not necessarily "childish," but something from my childhood that I still do today is pack a Pepsi and a Snickers in my backpack every time I hike a mountain; it is my reward when I reach the summit.**

Fun/Funny event or memory at the seminary: **One of the fun events that we do at the seminary is play the "Souls and Goals" game, a soccer game between priests and seminarians.**



Old Photograph: Pre-Vatican II, Michael Ledesma



No rapper can speak as fast as a hungry Catholic saying Grace before meals



It is necessary to pray for priests because they are so often forgotten by the living, since Christians often consider that priests do not need prayers. -St. Joseph Moscati



Why should men propose on one knee?

We get down on one knee in church and in front of royalty, but why does a man do it before the woman he loves? And why should we hold on tight to this well known tradition?

The origin of this tradition is unknown, the action itself has been around for centuries. Catholics bend **on their right** knee as a sign of respect toward the tabernacle before taking their seats for the Mass. Knights bend down **on their left knee** before the king when being knighted and when presenting themselves in a show of honor to royalty. In war, the losing party would kneel **on their left** in front of the army who won the battle in surrender.

Respect. Honor. Surrender. Those are the reasons behind the bent **left knee** in a marriage proposal. As a sign of respect, the man lowers himself as an act of humility before the woman he desires to spend the rest of his life with.

Furthermore, when he is on one knee, the man is face to face with the woman's womb, where life is created. He is honoring her body and honoring her as the Lord's creation, which deserves to be revered.

A man is surrendering himself and the rest of his life to her. He is surrendering bachelorhood for fatherhood in promising to raise children with her and remain faithful to her in all things.

Genuflecting with the **right knee** is reserved to God alone as a sign of divine worship.
Fr. Kenneth Doyle, The Boston Pilot.com and Chastity Project-Hannah Crites Franciscan University of Steubenville (Paraphrased)

Would you go without a shower or a bath for a month, 6 months, a year, 5 years, 10 years or longer? Your soul needs to be cleaned too! I see every soul and I tell you, many need cleaning! -Jesus



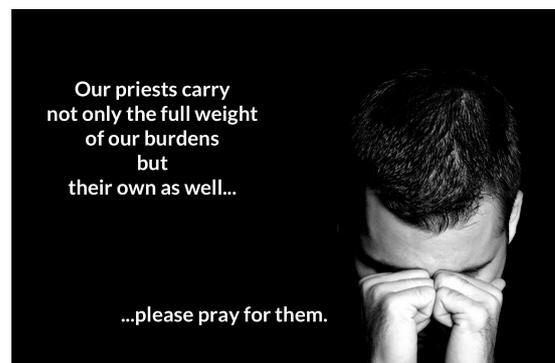
*Sponsored by St. Boniface-St. Bonaventure Vocations Committee
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PSSST!! Frequent the Confessional, Adoration, Mass, and Holy Communion!!! Its easier to discern your vocation with a clean soul !!

Now this is communion!!

There is an estimated (at least) 350,000 Catholic Masses celebrated everyday on planet Earth! It is celebrated in every nook and cranny on the planet, by every race and nationality, and using every language. And each of these Masses is celebrated (generally) using the same scripture readings and the same prayers. That means there are 4 priests saying those precise words, **“Do this in memory of me,” every single second of every single day!**

<http://fallibleblogma.com>



It was revealed to St. Mechtilde that **three thousand** Angels from the Seventh Choir, the Thrones, are ever in devout attendance and protection around every tabernacle where the Blessed Sacrament is reserved.

The Incredible Catholic Mass -Fr. Martin Von Cochem